Ohio River Trail

Developed by the Ohio River Trail Council

Upper Ohio River Trail

The Upper Ohio River Trail (UORT) is a 196-mile water trail extending from the confluence of the Ohio River and the Allegheny River in Pittsburgh, PA, to the Ohio River in Columbus, OH. The trail is named the Upper Ohio River Trail to distinguish it from the Ohio River Trail Council's (ORTC) more downstream section of the river.

The UORT follows the Ohio River as it winds its way along the Pennsylvania and West Virginia borders through a variety of landscapes, including urban areas, industrial regions, agricultural lands, and natural areas. The trail offers opportunities for kayaking, canoeing, fishing, birdwatching, hiking, and other outdoor activities.

**Getting Started**

To get started on the Upper Ohio River Trail, you can begin at either end of the trail or choose a section in between. Here are some starting points:

- Pittsburgh, PA
- Columbus, OH
- Steubenville, OH

**General Information**

- **Distance:** 196 miles
- **Directions:** The trail follows the Ohio River as it flows west towards the confluence with the Mississippi River.
- **Elevation Change:** Minimal
- **Water Quality:** Generally good
- **Access:** Public put-ins and take-outs
- **Maps:** Available online (see links below)

**Important Information**

- **Boating Regulations:** Boaters must follow federal and state regulations. Check the website (www.ohiorivertrail.org) for the latest information.
- **Fishing:** Fishing is allowed along the trail, but check local regulations for specific areas.
- **Birdwatching:** The trail is a popular spot for birdwatching due to the variety of habitats.
- **Hiking:** Hiking trails are not part of the UORT, but there are nearby trails that can be accessed.

**Additional Resources**

For more information and tips, visit the Ohio River Trail Council website at www.ohiorivertrail.org.

**Accommodations**

- Hotels
- Campgrounds
- RV Parks

**Food and Drinks**

- Restaurants
- Convenience Stores

**Transportation**

- Public Transportation
- Car Rentals
- Bike Rentals

**Emergency Contacts**

- Local Fire Departments
- Local Police Departments
- Local Hospitals

**Notes**

- The trail is not suitable for powerboats due to its slower pace.
- The trail is best for non-motorized recreational activities.
- Boaters should always be alert for changing weather conditions.

**Disclaimers**

The ORTC disclaims any liability for damages, injuries, or losses that may result from using or relying on information contained in this guide. Always check local regulations and be aware of your surroundings. Enjoy your adventure on the Upper Ohio River Trail!